

Ek Bharat Shreshtha Bharat

RAJAGIRI SCHOOL OF ENGINEERING & TECHNOLOGY, KAKKANAD

&

GOVERNMENT P.G COLLEGE, DHARAMSALA

ZUMBA FITNESS PROGRAM – 4TH FEBRUARY 2020

Stepping away from the normal exchange programmes of sightseeing and education, RSET organized a Zumba session for the guests. RSET has always given equal importance to the physical and mental health of the students along with their academic education. Before the morning breakfast all the students and teachers assembled at Chavara hall for the fitness regime. Under the active guidance of the Zumba expert, the group stepped to the eclectic music and danced their hearts out. More than just exercise, the program buzzed the energy of the whole group for the day.